International Society for Ultrasound in Rheumatology www.rheumaultrasound.org

МЕДИЦИНСКИ УНИВЕРСИТЕТ ПАОВДИВ

## First level Hands-on Sonography Course:

# Basic Ultrasound of the MSK System from the <br> Fingers to the Toes (and all in between) 

## 04-06 April 2024

## ORGANISATION \& ENDORSMENT

- Bulgarian Association for Musculoskeletal Ultrasound
- Medical University of Plovdiv
- International Society for Ultrasound in Rheumatology


## Scientific Directors

- Anastas Batalov (Plovdiv, Bulgaria)
- Francesco Porta (Pistoia, Italy)
- Plamen Todorov (Plovdiv, Bulgaria)


## Course Coordinator

- Plamen Todorov


## Faculty:

- Francesco Porta, Pistoia, Italy
- Esperanza Naredo, Madrid, Spain
- Wolfgang Schmidt, Berlin, Germany
- Peter Mandl, Vienna, Austria
- Emilio Fillipucci, Ancona, Italy
- Georgios Filipou, Milan, Italy
- Goran Radunovic, Belgrade, Serbia
- Eugenio Di Miguel, Madrid, Spain
- Adham Khalil, Cairo, Egypt
- Tsvetanka Petranova, Sofia, Bulgaria
- Rodina Nestorova, Sofia, Bulgaria
- Rosica Karalilova, Plovdiv, Bulgaria
- Anastas Batalov, Plovdiv, Bulgaria
- Plamen Todorov, Plovdiv, Bulgaria


## Course dates and time:

Start - 04 April 2024, 13:00; End - 06 April 2024, 14:00

## Course venue:

Double Tree by Hilton hotel, Plovdiv- center, Sveta Petka square, 1

## Official language:

English

## Course fee and registration:

980 euro (*). The fee includes admission to all lectures and workshops, educational materials, certificate of attendance, all coffee breaks and lunch on the $5^{\text {th }}$ of April.
Fee should be paid before the course to the Bulgarian Association for
Musculoskeletal Ultrasound (BAMSU) before the course start.
IBAN: BG08PRCB92301048820413
BIC PRCBBGSF
ProCredit Bank, Plovdiv
*Note: hotel/accommodation is not included in the course fee.

Българска асоциация за мускулно-скелетен ултразвук


International Society for

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# МЕДИЦИНСКИ УНИВЕРСИТЕТ ПАОВДИВ 

## More information:

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## PROGRAM

## Day one - 04.04.2024

13:00-14:15 Registration
14:15-14:30 Welcome and introduction - A. Batalov/ F. Porta
14:30-15:10 Normal ultrasound image of the MSK structures (Sonoanatomy) - F. Porta
15:10-15:40 Optimization of the US image - what do we have to know -G.
Filippou
15:40-16:20 Live Demo: Optimization of the US image and identification of the MSK structures in norm: tendons, ligaments, entheses, cartilage, menisci/ fibrocartilage, joint capsule, muscles, peripheral nerves -F. Porta 16:20-16:40 Coffee break
16:40-17:10 Basic abnormalities part I - joint effusion and synovial hypertrophy, bone abnormalities, cartilage damage, fibrocartilage abnormalities and damage, nerve entrapment - G. Radunovic
17:10 - 17:40 Basic abnormalities part II - tenosynovitis end tendopathy, enthesitis and enthesopathy, tendon and ligament ruptures, bursitis, calcifications - A. Khalil 17:40-18:20 Ultrasound of the large vessels (live demo) - W. Schmidt.

## Day two - 05.04.2024

09:00-9:30 Ultrasound of the shoulder - Ts. Petranova
09:30 - 10:40 Workshop I: Ultrasound of the shoulder
10:40-11:00 Coffee break
11:00-11:40 Ultrasound of the elbow - E. Di Miguel
11:40-12:50 Workshop II: Ultrasound of the elbow
12:50-14:00 Lunch
14:00-14:40 Ultrasound of the hand and fingers - E. Naredo
14:40-15:50 Workshop III: Ultrasound of the hand and fingers
15:50-16:10 Coffee break
16:10-16:40 Ultrasound of the hip - P. Mandl
16:40-17:40 Workshop IV: Ultrasound of the hip
17:40-18:20 Ultrasound of the spine and the sacroiliac joints (live demo) - P . Todorov

## Day three - 06.04.2024

09:00 - 09:40 Ultrasound of the ankle and foot - E. Filippucci
09:40-10:50 Workshop V: Ultrasound of the ankle and foot
10:50-11:10 Coffee break
11:10-11:40 Ultrasound of the knee - R. Nestorova
11:40-13:00 Workshop VI: Ultrasound of the knee
13:00-13:40 Ultrasound of the lung (live demo) - R. Karalilova
13:40-14:00 Final Remarks and course closure - A. Batalov/ F. Porta

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